



## SHOW ME WHAT YOU LOVE CLIENT INTAKE FORM

Please read carefully. Complete and date this form prior to your appointment and email back to me. I'll have you sign it at your appointment. All information will remain personal and confidential.

### PERSONAL INFORMATION

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Occupation: \_\_\_\_\_

How did you hear about Show Me What You Love? \_\_\_\_\_

Would you like to know in advance of special offers, new products or services from Show Me What You Love?

YES  NO

### ESTHETICS INFORMATION

What do you like about your skin? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What type of skin do you think you have?

Normal  Oily  Dry  Combination

Have you had a facial before?  YES  NO If yes, when was the last one? \_\_\_\_\_

How does your skin react to the sun without sunscreen? \_\_\_\_\_

Do you or have you experienced frequent blemishes?  YES  NO if so, how frequently? \_\_\_\_\_

What area(s) of concern do you have regarding your skin? Check any or all that apply.

- |  |  |   |  |
|--|--|---|--|
| <input type="checkbox"/> Breakouts/Acne      | <input type="checkbox"/> Blackheads/Whiteheads | <input type="checkbox"/> Uneven Skin Tone | <input type="checkbox"/> Sun Damage              |
| <input type="checkbox"/> Excessive Oil/Shine | <input type="checkbox"/> Wrinkles/Fine Lines   | <input type="checkbox"/> Dull/Dry Skin    | <input type="checkbox"/> Rosacea                 |
| <input type="checkbox"/> Broken Capillaries  | <input type="checkbox"/> Redness/Ruddiness     | <input type="checkbox"/> Dehydrated       | <input type="checkbox"/> Sun, Liver, Brown Spots |
| <input type="checkbox"/> Acne Scarring       | <input type="checkbox"/> Pore Size             | <input type="checkbox"/> Melasma          |  |

Other: \_\_\_\_\_

Are you currently using any of the following products? What brands and how often (1-2x daily, 1x week etc.)?

- |  |       |
|--|-------|
| <input type="checkbox"/> Cleanser        | _____ |
| <input type="checkbox"/> Toner           | _____ |
| <input type="checkbox"/> Exfoliate/Scrub | _____ |
| <input type="checkbox"/> Mask            | _____ |
| <input type="checkbox"/> Moisturizer     | _____ |
| <input type="checkbox"/> Sunscreen       | _____ |

Do you feel the skincare you have been using are giving you the results you desire?  YES  NO

Have you been under the care of a dermatologist within the past year?  YES  NO

If yes, are you, or have you been, prescribed to use / take any of the following:

- |   |   |
|---|---|
| <input type="checkbox"/> Acne medication                  | <input type="checkbox"/> Vitamin A therapies                      |
| <input type="checkbox"/> Products containing hydroquinone | <input type="checkbox"/> Products containing Alpha Hydroxyl Acids |

Have you had any of the following procedures? If so, how long ago?

- |   |       |
|---|-------|
| <input type="checkbox"/> Laser Resurfacing:         | _____ |
| <input type="checkbox"/> Chemical Peels:            | _____ |
| <input type="checkbox"/> Botox or other injections: | _____ |
| <input type="checkbox"/> Other:                     | _____ |

On a scale of 1 to 10, what is the level of involvement to your skin health that you are willing to commit to? \_\_\_\_\_

## HEALTH HISTORY

How is your general health? \_\_\_\_\_

What is your ethnic background? (Parents, grandparents, great grandparents) \_\_\_\_\_

What medications are you taking and for what conditions?

Medication \_\_\_\_\_ Reason \_\_\_\_\_

Medication \_\_\_\_\_ Reason \_\_\_\_\_

What supplements/ vitamins are you taking and for what conditions?

Supplements \_\_\_\_\_ Reason \_\_\_\_\_

Supplements \_\_\_\_\_ Reason \_\_\_\_\_

Have you ever had an allergic reaction to any of the following?

- Cosmetics    Medicine    Food    Animals    Sunscreen    Drugs  
 Iodine    Pollen    AHAs    Fragrance    Shellfish    Latex    Metals  
 Other: \_\_\_\_\_

Please list details of reaction: \_\_\_\_\_

\_\_\_\_\_

Are you:    pregnant    taking birth control    taking hormone replacement

## LIFESTYLE

On a scale of 1 to 10 where would you rate your normal level of stress? \_\_\_\_\_

Do you drink coffee, tea, soda?  YES  NO If so, how many cups per day? \_\_\_\_\_

Are you on a special diet?  YES  NO Describe: \_\_\_\_\_

Do you smoke?  YES  NO

Do you consume water daily?  YES  NO If yes, how much? \_\_\_\_\_

Do you consume alcohol?  YES  NO If yes, how much? \_\_\_\_\_

Do you exercise?  YES  NO If yes, how often? \_\_\_\_\_

Do you experience headaches/migraines?  YES  NO Frequency? \_\_\_\_\_

Average number of hours spent in front of a screen per day (computer/tv/video games)? \_\_\_\_\_

Is there anything else I should be aware of that I have not already asked? \_\_\_\_\_

What do you hope to gain from our time together today? \_\_\_\_\_

## ACCEPTANCE

I confirm that all the information given above is correct to my best knowledge. I take it upon myself to keep the Therapist updated on my health. I understand that the therapist does not diagnose, prevent or treat illness, disease or any other physical or mental conditions. I understand that this treatment is not a substitute for medical treatments and/or diagnosis, and it is recommended that I see a qualified professional for any physical or mental condition that I may have. I understand that this treatment is not a substitute for medical care. I hold Samantha Schneider harmless for any injuries or negative effects I may experience as a result of having the treatments done on me during the course of my treatment plan, or using the products I receive during this consultation.

---

CLIENT SIGNATURE

---

DATE

## CANCELLATION POLICY

As the space is reserved exclusively for you, please allow 48 hours' notice to cancel or amend any reserved treatment or reschedule of your appointment. Cancellation or rescheduling outside of this time will be charged 50% of the full treatment fee. If less than 4 hours' notice is given, 100% of the full treatment fee will be charged. No refunds will be given for deposits, cancellations or gift certificates purchased with less than 4 hours' notice. The owner reserves the right to make the final decision on this policy.